



“Hungry for Your Ideas” supper – June 23, 2013

Location: Chetwynd Public Library

Food prepared by Chetwynd Internet Bistro

Little Prairie School students recipients of \$500.00 for Outdoor Classroom.

Community Partners: Chetwynd Public Library, ESLAP, Welcoming Communities, District of Chetwynd Recreation Centre and Chetwynd Family Resource Corner recipients of \$500.00 for “Zumba in the Park” on Canada Day

“Hungry for Your Ideas” supper – September 29, 2013

Location: Pine Valley Seniors Hall

Food prepared by Society for Community Living

Chetwynd Secondary School students recipients of \$500.00 for “Me to We”.

Laurell Crocker and Cheryl Widdicombe recipients of \$500.00 for “Art for Health: Explore Your Inner Artist”

“Hungry for Your Ideas” supper – October 27, 2013

Location: Moberly Lake Community Hall

Food prepared by Moberly Lake Elementary School students

Kathy Swanson recipient of \$500.00 to introduce yoga to High School students with the goals of reducing anxiety and building self-esteem.

You are invited to the final "Hungry for Your Ideas" supper of this year's series on November 24, 2013 at 6:00 pm in the Don Titus School Gym.

The following is a synopsis of the project made possible with a Northern Health IMAGINE grant 2013. Grant proposal was submitted by Marcie Fofonoff, Community Connections Project Manager for SD 59.

Hungry for Your Ideas: The challenge:

To engage people in active living and healthy lifestyle choices.

The goal is to actively engage youth and community members to take ownership in the planning and decision making process of implementing community initiatives that will increase active living in the general population, and promote healthy lifestyles.

Activities planned:

A simple supper will be offered along with a chance to promote an idea. For five dollars, people will receive a meal of soup, salad, bread, and also a vote. There will be four meals in total in 2013.

A challenge will be put to the community prior to the meal to come up with projects that focus on health and wellness by promoting healthy lifestyles in the community and to then submit proposals based on much the same criteria as the HEAL grants. Ideas can be put forward by a team of citizens, employees at a workplace, a non-profit organization or service group, students - basically anyone who has an idea and a plan to implement it.

The proposal deadline is the Thursday before each meal (held on a Sunday) by 4:00 pm

The submissions will be reviewed by an evaluation team who will select four of them (ideally) to advance to making presentations of about four minutes in length at each meal. The meal is open to all ages and all members of the community and attendees discuss the ideas put forward during the supper and then cast their vote by ballot. The winning team will be announced at the close of the evening and will receive \$500.00 to implement their initiative. The team will be required to report to the attendees at the next supper as to the progress/success of their project.

HEAL Grants Criteria: Each idea should address at least one of these:

Last – your project has a good chance of living on after the funding ends.

Make a difference – your project will broadly impact your community in a positive way.

Reduce health inequities – your project will help support those who are disadvantaged or marginalized.

Build relationships – your project will help people connect to each other and their community and share successes.

Support collaborations & partnerships – your project will encourage diverse groups to work together toward a common goal.

Improve health – your project will reduce the risks and impacts of chronic illnesses and injuries through education, awareness and action.

I believe this initiative is an excellent fit for planH as being put forward by Northern Health.

I am requesting that Council approve that the District of Chetwynd will contribute \$1,000.00 towards continuing this initiative in 2014.

Thank you.